

Family Hikes

*(and Why They're Different
from Other Hikes)*

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RHODE ISLAND
FAMILIES IN NATURE

www.rifamiliesinnature.org
[@RFamiliesinNature](https://www.instagram.com/RFamiliesinNature)



How much experience do you have leading family hikes?



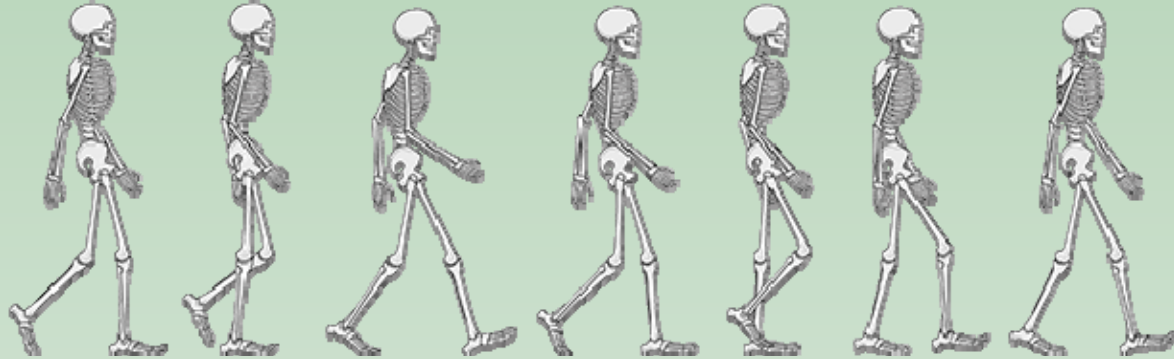
Three key pieces of advice:

SLOW DOWN!

SHUT UP!

BE FLEXIBLE!

Why slow down?



Why shut up?



Why be flexible?





Don't forget:





Thank you!

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