

LEADING ENGAGING WALKS

Wendy Fachon

wendy@netwalkri.com

Three Types of Successful Walking Programs

1) After School Walking Club – Fallon School to Slater Park

Slater Park is the oldest and largest public park in Pawtucket, Rhode Island. The park is named after Samuel Slater, a famous American industrialist who constructed America's first water-powered textile mill in Pawtucket.

- Fitness walking – field games playground games, leaf raking
- Seasonal observation walks – inch worms, tadpoles, gardens,
- Naturalist presentations – wild plant foraging, Project Learning Tree - touch, smell, taste, form, and function
- Walking field trips – tour of an environmentally-conscious manufacturer
- Making a game out of litter and junk clean-up

2) School-based Field Trip Series – Fishing Cove School

Fishing Cove is a tidal inlet off Wickford Harbor. A trail leads from Fishing Cove Elementary School down through the woods to the beach, where students can observe salt water estuary plants and animals.

- Marsh exploration walk one Friday afternoon each month
- Seasonal and tidal observation
- Science sample collecting, pressing, sketching, photography

3) Family Eco-Adventures – East Greenwich Land Trust Properties

*Land trust properties provide the public with lands, waterways, and trails for enjoyment of the natural environment. Each property has a story to tell and lessons to share with regards to both careless and prudent land use. **Stories, historical information, maps, nature observation, mysteries, and imagination** engage, educate, and inspire environmental stewardship.*

- Scalloptown Park – from colonial shell-fishing to town dump to sanctuary
- Boesch Farm – colonial subsistence farming to present CSA
- Frenchtown Park – exploring the foundations of an 1812 cotton mill
- Bleachery Woods – searching for the foundation of an 1840 textile mill